



Senior 2011 Class

# February 2011



Sun	Mon	Tue	Wed	Thu	Fri	Sat
		<b>1</b> <b>Faith Day</b> <b>Parent Meeting:</b> <b>5:30-6:30pm</b>	<b>1</b> Semester 2 Starts Fitness Testing: 8:30-10am Orientation: 10-11:20am	<b>2</b> <b>3</b> <b>Cross Training:</b> <b>8:30-10:20am</b>	<b>1</b> <b>4</b> <b>Vertically Inclined:</b> <b>8:30-11:20am</b>	
<b>6</b>	<b>2</b> <b>7</b> Senior: TCRC A 8:30-10am On Ice - Bus Leaves @ 7:45am <b>Individual Skill Testing</b>	<b>1</b> <b>8</b> Senior: TCRC A 8:30-10am On Ice - Bus Leaves @ 7:45am <b>Stride Analysis</b>	<b>2</b> <b>9</b> <b>Strength and Conditioning:</b> <b>8:30-10am</b> <b>CTS Modules:</b> <b>10-11:20am</b>	<b>1</b> <b>10</b> <b>Cross Training:</b> <b>8:30-10:20am</b>	<b>2</b> <b>11</b> Senior: TCRC A 8:30-10am On Ice - Bus Leaves @ 7:45am	<b>12</b>
<b>13</b>	<b>1</b> <b>14</b> Senior: TCRC A 8:30-10am On Ice - Bus Leaves @ 7:45am	<b>2</b> <b>15</b> Senior: TCRC A 8:30-10am On Ice - Bus Leaves @ 7:45am	<b>1</b> <b>16</b> <b>Strength and Conditioning:</b> <b>8:30-10am</b> <b>CTS Modules:</b> <b>10-11:20am</b>	<b>2</b> <b>17</b> <b>Cross Training:</b> <b>8:30-10:20am</b>	<b>1</b> <b>18</b> Senior: TCRC A 8:30-10am On Ice - Bus Leaves @ 7:45am	<b>19</b>
<b>20</b>	<b>21</b> <b>Family Day</b> 	<b>2</b> <b>22</b> Senior: TCRC A 8:30-10am On Ice - Bus Leaves @ 7:45am	<b>1</b> <b>23</b> <b>Strength and Conditioning:</b> <b>8:30-10am</b> <b>CTS Modules:</b> <b>10-11:20am</b>	<b>2</b> <b>24</b> <b>Cross Training:</b> <b>8:30-10:20am</b>	<b>1</b> <b>25</b> Senior: TCRC A 8:30-10am On Ice - Bus Leaves @ 7:45am	<b>26</b>
<b>27</b>	<b>2</b> <b>28</b> Senior: TCRC A 8:30-10am On Ice - Bus Leaves @ 7:45am					



# March 2011



Sun	Mon	Tue	Wed	Thu	Fri	Sat
		1	2	3	4	5
	<b>OPEN HOUSE</b>	Senior: TCRC A 10-11:30am On Ice - Bus Leaves @ 9:15am	CTS Modules: 8:30-10am Strength and Conditioning: 10-11:20am	<b>Teachers Convention</b>		
6	1	2	1	2	1	12
	Senior: TCRC A 10-11:30am On Ice - Bus Leaves @ 9:15am	Senior: TCRC A 10-11:30am On Ice - Bus Leaves @ 9:15am	Ash Wednesday Celebration AM Strength and Conditioning: 10-11:20am	Cross Training: 8:30-10:20am	Senior: TCRC A 10-11:30am On Ice - Bus Leaves @ 9:15am	
13	2	1	2	1	2	19
	Senior: TCRC A 10-11:30am On Ice - Bus Leaves @ 9:15am	Senior: TCRC A 10-11:30am On Ice - Bus Leaves @ 9:15am	CTS Modules: 8:30-10am Strength and Conditioning: 10-11:20am	Cross Training: 8:30-10:20am	Senior: TCRC A 10-11:30am On Ice - Bus Leaves @ 9:15am	<b>Jr. Jr. Basketball tournament</b>
20	1	2	1	2	1	26
	Senior: TCRC A 10-11:30am On Ice - Bus Leaves @ 9:15am	Senior: TCRC A 10-11:30am On Ice - Bus Leaves @ 9:15am	CTS Modules: 8:30-10am Strength and Conditioning: 10-11:20am	Panther's Gym 8:30-11:20am Full Day	Cross Training: 8:30-10:20am Early Dismissal	
	<b>Sr. High Ski Trip</b>					
27	28	29	30	31		
	<b>Spring Break</b>					

# April 2011



Sun	Mon	Tue	Wed	Thu	Fri	Sat
					1	2
Spring Break						
3	2 4	1 5	2 6	1 7	2 8	9
	Senior: TCRC B 8:30-10am On Ice - Bus Leaves @ 7:45am	Senior: TCRC B 8:30-10am On Ice - Bus Leaves @ 7:45am	Strength and Condition- ing: 8:30-10am Sports Psych: 10-11:20am (Nic Allen)	Curling: Saville Center 8:30-10am	Curling: Saville Center 9-11am PEEL'S BDAY!!!!	
10	1 11	2 12	1 13	2 14	1 15	16
	Senior: TCRC B 8:30-10am On Ice - Bus Leaves @ 7:45am	Senior: TCRC B 8:30-10am On Ice - Bus Leaves @ 7:45am	Strength and Condition- ing: 8:30-10am CTS Modules: 10-11:20am	Sports Psych: 8:30-10:30am (Nic Allen)	Senior: TCRC B 8:30-10am On Ice - Bus Leaves @ 7:45am	
17	2 18	1 19	2 20	1 21	22	23
	Senior: TCRC B 8:30-10am On Ice - Bus Leaves @ 7:45am	Senior: TCRC B 8:30-10am On Ice - Bus Leaves @ 7:45am	Strength and Condition- ing: 8:30-10am CTS Modules: 10-11:20am	Squash: Riverbend Club 8:30-10am (Leave at 8am)	Good Friday 	
24	25	2 26	1 27	2 28	1 29	30
Easter Monday 		Senior: TCRC B 8:30-10am On Ice - Bus Leaves @ 7:45am	Strength and Condition- ing: 8:30-10am CTS Modules: 10-11:20am	Cross Training: 8:30-10:20am	Cross Training: 8:30-10:20am	
				Bloomsday trip - Sr. High		

# May 2011



Sun	Mon	Tue	Wed	Thu	Fri	Sat
1	2 Senior: TCRC B 9-10:30am On Ice - Bus Leaves @ 8am	3 Senior: TCRC B 10-11:30am On Ice - Bus Leaves @ 9:15am	4 CTS MODULES: 8:30-10am Strength and Condition- ing: 10-11:20am	5 Sports Psych: 8:30-10:30am (Nic Allen)	6 Senior: TCRC C 10-11:30am On Ice - Bus Leaves @ 9:15am	7
Bloomsday trip - Sr. High						
8	9 Senior: TCRC B 10-11:30am On Ice - Bus Leaves @ 9:15am	10 Senior: TCRC B 10-11:30am On Ice - Bus Leaves @ 9:15am	11 CTS Modules: 8:30-10am Strength and Condition- ing: 10-11:20am	12 Cross Training: 8:30-10:20am	13 Senior: TCRC B 10-11:30am On Ice - Bus Leaves @ 9:15am	14
15	16 Senior: TCRC B 10-11:30am On Ice - Bus Leaves @ 9:15am	17 Senior: TCRC B 10-11:30am On Ice - Bus Leaves @ 9:15am	18 CTS Modules: 8:30-10am Strength and Condition- ing: 10-11:20am	19 Hockey Academy Vs Teachers/Coaches 2:30-3:30pm @ TCRC B	20 PD Day	21
22	23 Victoria Day	24 Senior: TCRC B 10-11:30am On Ice - Bus Leaves @ 9:15am	25 CTS Modules: 8:30-10am Strength and Condition- ing: 10-11:20am	26 Sports Psych: 8:30-10:30am (Nic Allen)	27 Senior: TCRC A 10-11:30am On Ice - Bus Leaves @ 9:15am	28
29	30 Senior: TCRC B 10-11:30am On Ice - Bus Leaves @ 9:15am	31 Senior: TCRC B 10-11:30am On Ice - Bus Leaves @ 9:15am				

# June 2011



Sun	Mon	Tue	Wed	Thu	Fri	Sat
			1 Strength and Conditioning: 8:30-10am CTS Modules: 10-11:20am	2 Cycling: Veledrome 8:30-10am (Leave at 8:00am) Athletic Awards	3 Senior: TCRC D 8:30-10am On Ice - Bus Leaves @ 7:45am	4
5 Senior: TCRC D 8:30-10am On Ice - Bus Leaves @ 7:45am	6 Senior: TCRC D 8:30-10am On Ice - Bus Leaves @ 7:45am	7 Senior: TCRC D 8:30-10am On Ice - Bus Leaves @ 7:45am	8 Strength and Conditioning: 8:30-10am CTS Modules: 10-11:20am	9 Golfing: Millwoods 8:30-10am (leave at 8:00am)	10 Senior: TCRC D 8:30-10am On Ice - Bus Leaves @ 7:45am	11
12 Bike and Bowl: Gateway Lanes 9-11:00am (leave at 8:40am)	13 Golfing: Millwoods 7:30-12pm (leave at 7:00am)	14 Last day of High School	15 English 30 Part B	16 Social 30 Part B	17	18
19	20	21	22 Biology 30	23 Math 30	24 Chem 30	25
26	27 Physics 30 7:00pm	28 Science 30	29 Conflict exam day - Conflict Resolution	30 SUMMER VACATION!!		